

Objectives

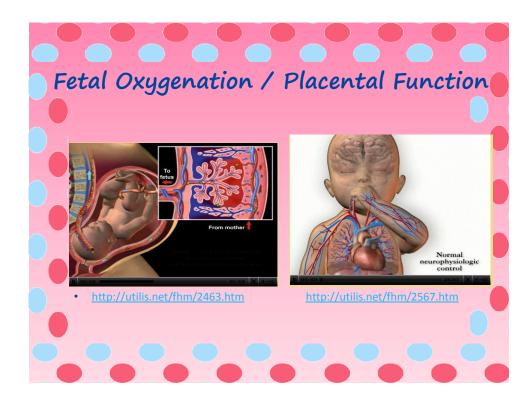
Purpose and Goal:

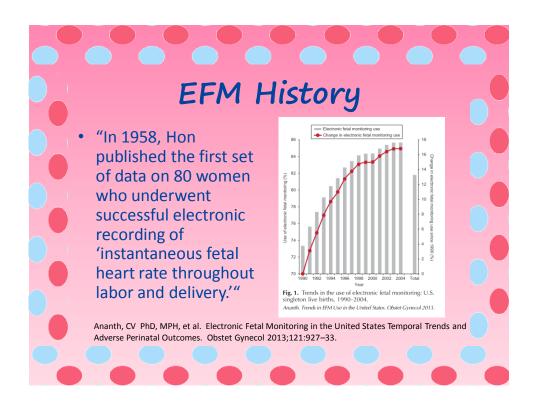
 Participants will be able to describe new updates related to evaluation of Electronic Fetal Monitoring including appropriate physiology and interventions.

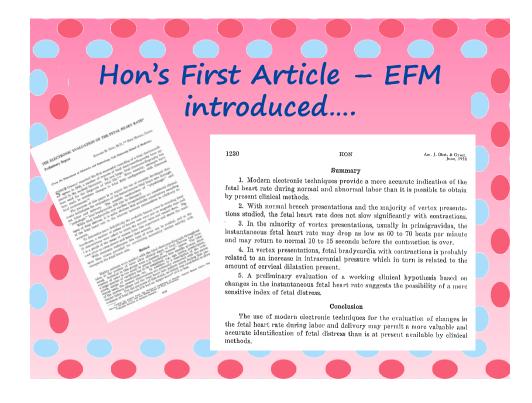
Continuing Education Objectives:

- At the conclusion of this program, the participant should be able to:
 - discuss current terminology related to Electronic Fetal Monitoring.
 - understand current trends in category 2 management for Electronic Fetal monitoring

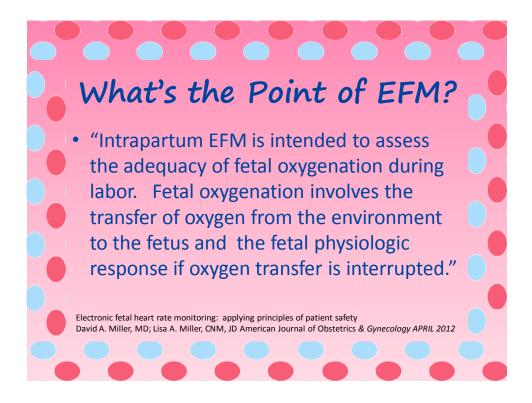


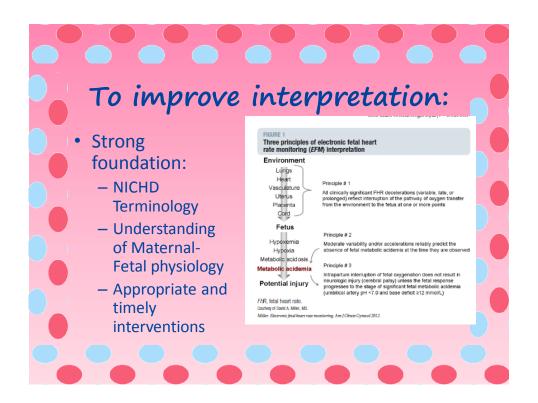


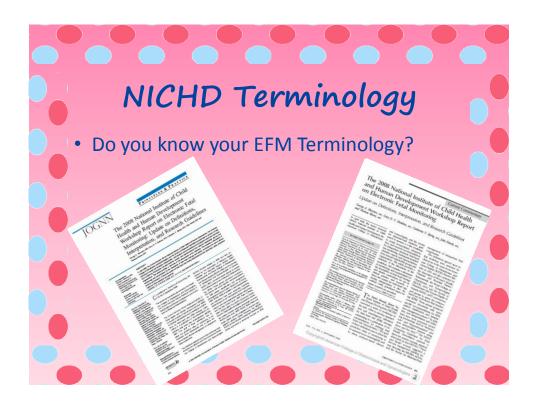


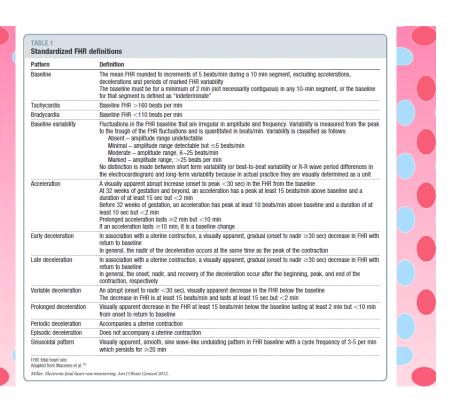


What do we know about Electronic Fetal Monitoring? • "There is a complex interplay of antepartum complications, suboptimal uterine perfusion, placental dysfunction, and intrapartum events can result in adverse neonatal outcome. ... The fetal brain modulate the fetal heart rate through an interplay of sympathetic and parasympathetic forces. Thus, fetal heart rate monitoring can be used to determine if a fetus is well oxygenated. " ACOG Practice Bulletin #106, July 2009 reaffirmed 2013. "Intrapartum Fetal Heart Rate Monitoring: Nomenclature, Interpretation, and General Management Principles"

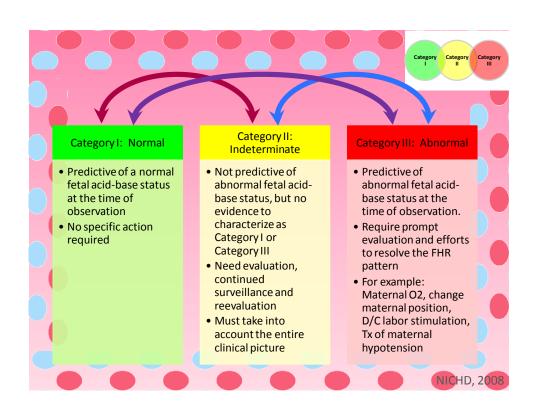


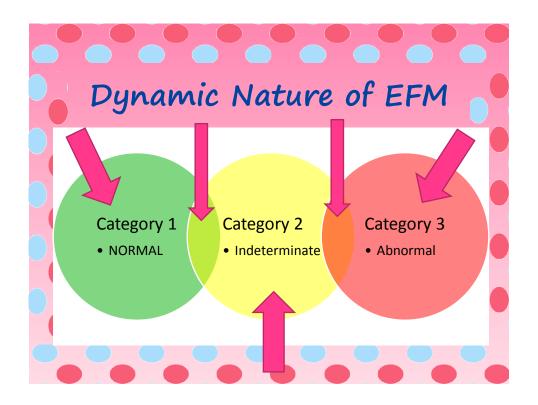


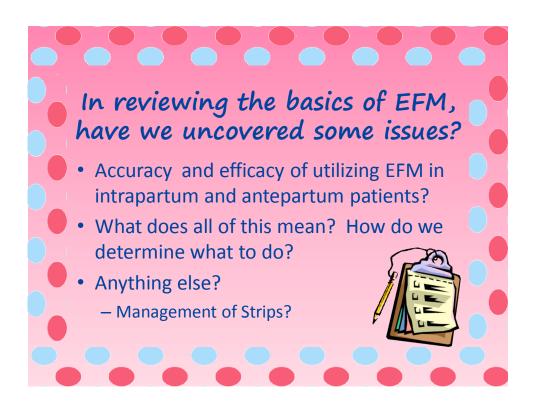








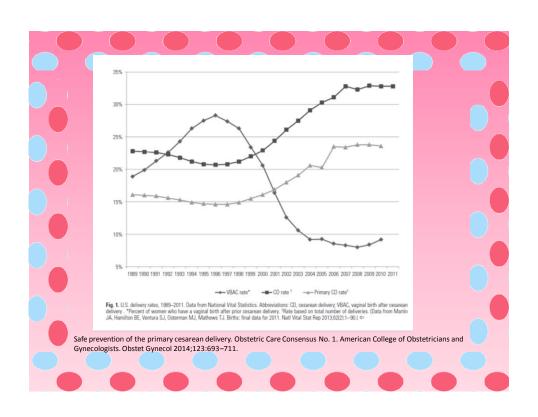


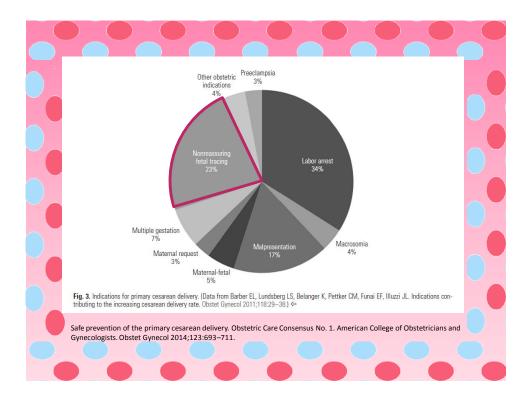


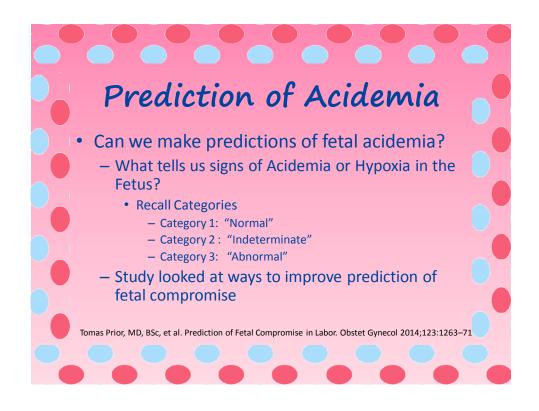


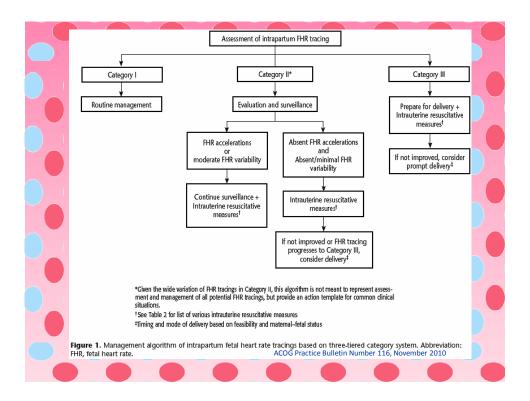


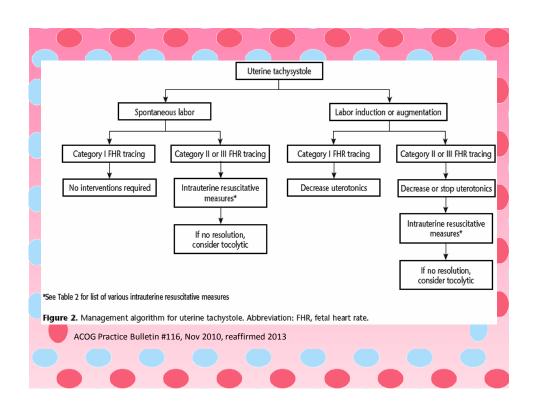
What are common results of EFM Intrapartum and Antepartum Period Increase Operative Vaginal Delivery Increased Cesarean Delivery Ananth, CV PhD, MPH, et al. Electronic Fetal Monitoring in the United States Temporal Trends and Adverse Perinatal Outcomes. Obstet Gynecol 2013;121:927–33.

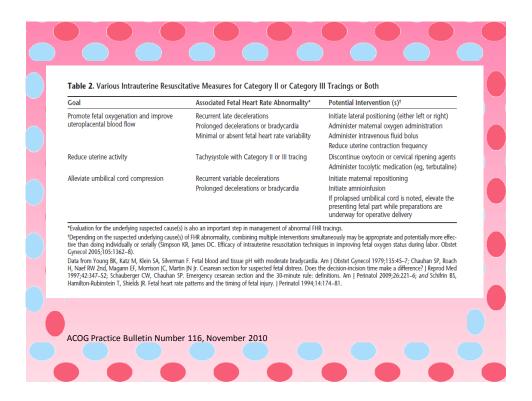


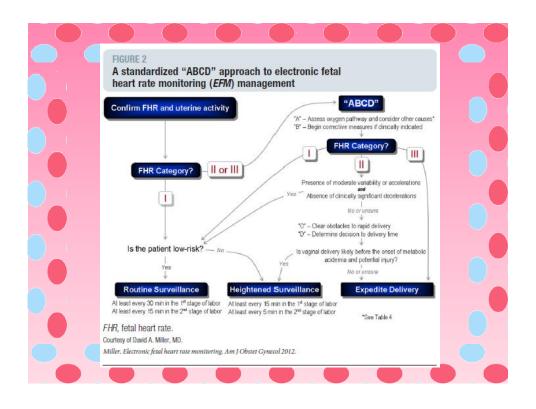


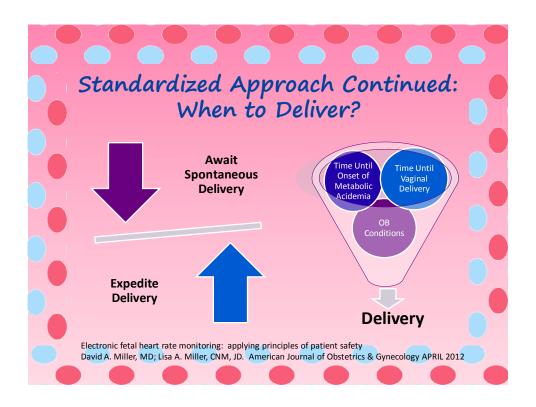


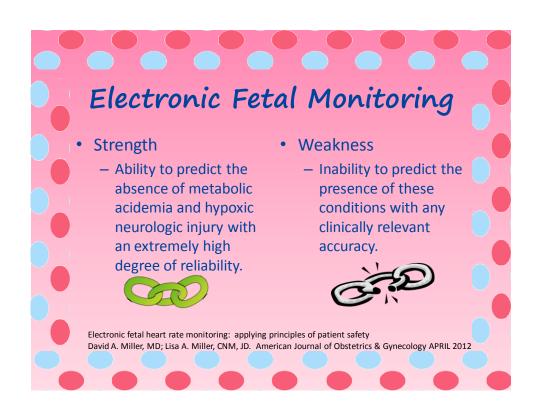










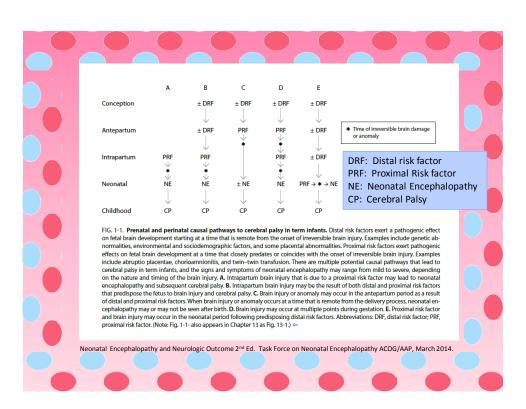


Can we Determine Fetal Asphyxia?

What is Fetal Asphyxia?

Physiologic Term	Definition and Implication
Hypoxia	Reduced amount of oxygen delivered to tissues; unlikely to cause encephalopathy or brain injury in the fetus or newborn infant
Hypoxemia	Reduced oxygen concentration in blood; associated with hypoxia but unlikely to cause brain injury if cerebral blood flow is adequate
Hypoxemia-ischemia	Reduced amount of oxygen and inadequate volume of blood delivered to tissues; can cause brain injury if delivery of oxygen and glucose falls below critical levels
Metabolic acidosis	Low pH because of increase in lactic acid in the blood that reflects the severity of asphyxia and hypoxia-ischemia
Respiratory acidosis	Low pH because of increased carbon dioxide in blood; may protect the brain because of cerebral vasodilation and increased cerebral blood flow
Mixed acidosis	Low pH that reflects both increased carbon dioxide and lactic acid
Asphyxia	Marked impairment of gas exchange leading, if prolonged, to progressive hypoxemia, hyper- capnia, and significant metabolic acidosis. The term asphyxia, which describes a process of varying severity and duration rather than an end point, should not be applied to birth events unless specific evidence of markedly impaired intrapartum or immediate postnatal gas

Neonatal Encephalopathy and Neurologic Outcome 2^{nd} Ed. Task Force on Neonatal Encephalopathy ACOG/AAP, March 2014.



Can we Determine Fetal Oxygenation Better?

- What has been tried?
 - Fetal Blood sample
 - Fetal ECG Analysis
 - ST segment changes

Westerhuis, M, et al (JUNE 2010) Cardiotocography Plus ST Analysis of Fetal Electrocardiogram Compared With Cardiotocography Only for Intrapartum Monitoring - A Randomized Controlled Trial. Obstetrics and Gynecology. VOL. 115, NO. 6.

What does ACOG say? Abnormal fetal surveillance is based on physiologic changes that alter fetal

- heart rate and fetal activity. Fetal heart rate, fetal movement, and tone in particular are impacted by uteroplacental fetal blood flow alterations and are thereby sensitive to fetal
 - hypoxemia and acidemia.

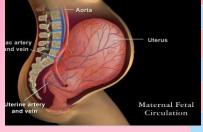
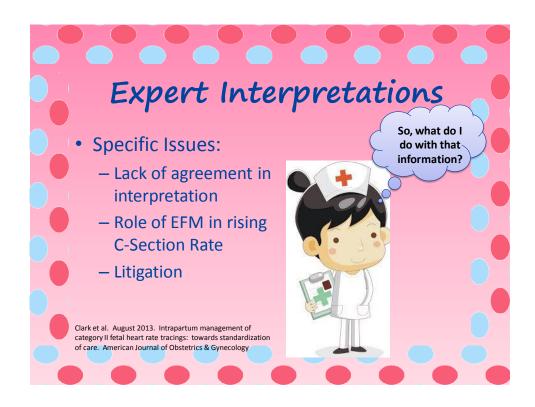
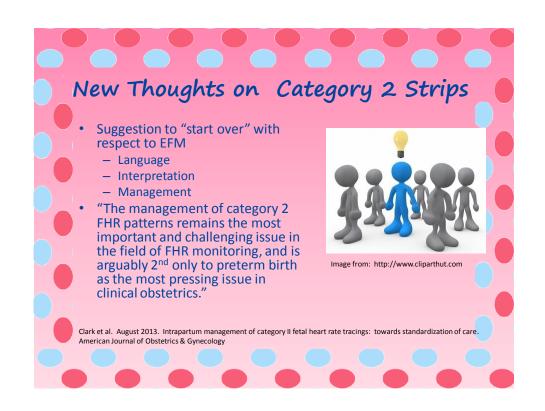
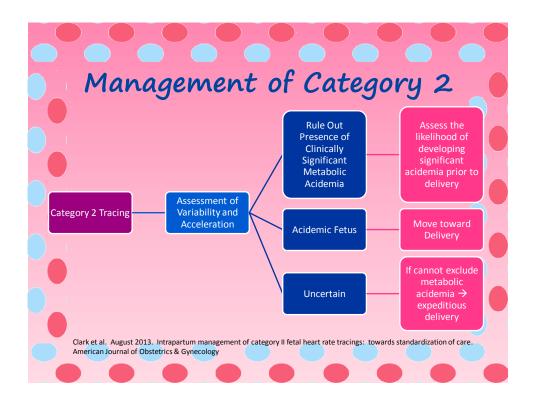


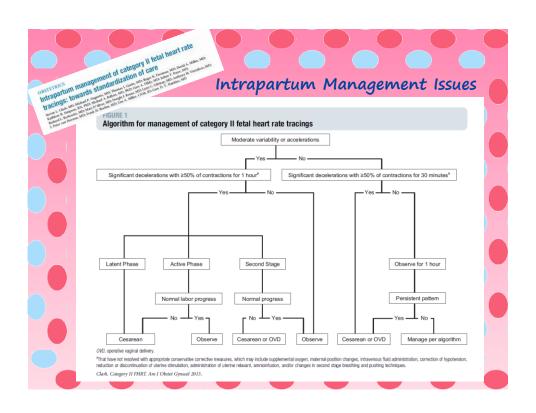
Image from: http://utilis.net/fhm/2418.htm

ACOG Guidelines at a Glance: Antepartum fetal surveillance February 06, 2015 By Haywood L. Brown, MD http://contemporaryobgyn.modernmedicine.com/contemporary-obgyn/news/acog-guidelines-glance-antepartum-fetal-properties of the contemporary obgyn/news/acog-guidelines-glance-antepartum-fetal-properties observed of the contemporary observed obssurveillance







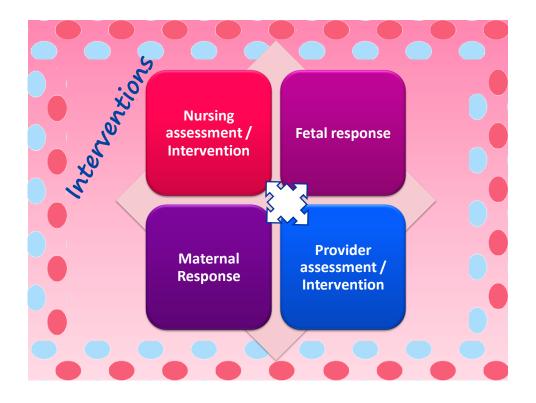


Obstetrics CLINICAL OPINION www.AJOG.org TABLE Management of category II fetal heart rate patterns: clarifications for use in algorithm 1. Variability refers to predominant baseline FHR pattern (marked, moderate, minimal, absent) during a 30-minute evaluation period, as defined by NICHD.

Marked variability is considered same as moderate variability for purposes of this algorithm. 3. Significant decelerations are defined as any of the following: Variable decelerations lasting longer than 60 seconds and reaching a nadir more than 60 bpm below baseline.

 Variable decelerations lasting longer than 60 seconds and reaching a nadir less than 60 bpm regardless of the baseline. Any late decelerations of any depth. Any prolonged deceleration, as defined by the NICHD. Due to the broad heterogeneity inherent in this definition, identification of a prolonged deceleration should prompt discontinuation of the algorithm until the deceleration is resolved. 4. Application of algorithm may be initially delayed for up to 30 minutes while attempts are made to alleviate category II pattern with conservative therapeutic interventions (eg, correction of hypotension, position change, amnioinfusion, tocolysis, reduction or discontinuation of oxytocin). Once a category II FHR pattern is identified, FHR is evaluated and algorithm applied every 30 minutes.
 Any significant change in FHR parameters should result in reapplication of algorithm. 7. For category II FHR patterns in which algorithm suggests delivery is indicated, such delivery should ideally be initiated within 30 minutes of decision for cesarean. If at any time tracing reverts to category I status, or deteriorates for even a short time to category III status, the algorithm no longer applies. However, algorithm should be reinstituted if category I pattern again reverts to category II.

In fetus with extreme prematurity, neither significance of certain FHR patterns of concern in more mature fetus (eg, minimal variability) or ability of such fetuses to tolerate intrapartum events leading to certain types of category II patterns are well defined. This algorithm is not intended as guide to management of fetus with extreme prematurity. 10. Algorithm may be overridden at any time if, after evaluation of patient, physician believes it is in best interest of the fetus to intervene sooner. FHR, fetal heart rate; NICHD, Eunice Kennedy Shriver National Institute of Child Health and Human Development. Clark. Category II FHRT. Am I Obstet Gynecol 2013. Clark et al. August 2013. Intrapartum management of category II fetal heart rate tracings: towards standardization of care. American Journal of Obstetrics & Gynecology



Does your personal experience, professional experience, clinical practice patterns or psychological factors affect your response to FHR?

What were the findings? Intervention for Fetal Distress Among Obstetricians, Registered Nurses, and Residents Similarities, Differences, and Determining Factors Giuseppe Chiossi, MD, Maged M. Costantine, MD, Joy M. Pfannstiel, MD, Gary D. V. Hankins, MD, George R. Saade, MD, and Zhao Helen Wu, PhD OBJECTIVE: To explore the factors possibly associated with the intrapartum management of nonreassuring fetal status and the factors affecting the decision to expedite delivery for fetal distress among different obstetric health care providers. METHODS: In a cross-sectional study, a standardized hypothetical clinical scenario of management of fetal distress was presented by a study investigator to labor and delivery personnel, including faculty obstetricians, residents, and registered nurses (N=52). An intervention index was calculated for each faculty by dividing the number of cesarean and operative deliveries for nonreassuring fetal status by the actual number of laboring patients supervised by each faculty in 2008. Giuseppe Chiossi, MD. Intervention for Fetal Distress Among Obstetricians, Registered Nurses, and Residents Similarities, Differences, and Determining Factors VOL. 118, NO. 4, OCTOBER 2011 OBSTETRICS & GYNECOLOGY

Does Your Personal Perspective Affect Timing of Interventions in the Intrapartum?

"Results of this study indicate that different providers may develop a uniform approach to fetal distress when they practice in the same environment and follow the available electronic fetal heart rate monitoring guidelines, overcoming the effects of different personal experiences, professional background, clinical practice, and psychological traits."

Study Findings:

- The time of delivery and the specific fetal heart rate features indicative of fetal distress did not differ among the respondents
- Ideal Delivery Route vacuum assisted versus cesarean
- Registered nurses notified obstetricians about their concern for the fetal status earlier than residents
- NO effect on delivery:
 - Sociodemographic factors
 - Previous negative professional experiences
- Perception of the respondents' labor and delivery skills
- Health care professionals' age, number of years of practice, and percentage of professional time spent working in labor and delivery
- number of complications from operative deliveries or shoulder dystocia encountered by the respondents or their colleagues and mentors
- specific characteristics of the different providers' practice
- Providers' psychological backgrounds
- Sociodemographic background, professional experience, health care profession, clinical practice, and personality traits
- Medical professionals considered gravidity, parity, and patients' education relevant in the decision of how to expedite delivery in the second stage of labor

Giuseppe Chiossi, MD. Intervention for Fetal Distress Among Obstetricians, Registered Nurses, and Residents Similarities, Differences, and Determining Factors VOL. 118, NO. 4, OCTOBER 2011 OBSTETRICS & GYNECOLOGY

Nursing Documentation • "A fundamental principle of nursing documentation is that nursing notes and entries must provide a comprehensive picture of patient care such that it will support the nurse's answers to questions raised at deposition or trial, and this principle applies equally well to physician and midwifery documentation." • Simplification of documentation while maintaining and meeting all legal and professional requirements is crucial. LISA MILLER, CNM, JD. Intrapartum Fetal Monitoring: Liability and Documentation CLINICAL OBSTETRICS AND GYNECOLOGY Volume 54, Number 1, 50–55



